

SOLO TRAVEL AFFIRMATIONS

I am courageous and embarking on a journey
of truth and wonderment.

The world is not a place to be feared but one
with limitless possibilities to grow, to change
and to transform.

If I get lost, I will find my way. The Universe is
there alongside me every step of the way
guiding my course.

Confusion and frustration only ensue when I
refuse to bend to the present and go with the
flow. I release the need the overplan and open
myself up to what may pop up.

I am here. I am present. I am whole. I am
ready.

SOLO SOJOURNESS